

THE SABBATH

The seventh day Sabbath (which is the fourth commandment) is to be taught and kept holy in accordance with biblical instruction. Instituted at creation, reaffirmed to Israel as a part of the covenant at Sinai, and taught by Jesus Christ, who is the Messenger of the New Covenant, the observance of the Sabbath is basic to a Christian's relationship with God.

Genesis 2:2-3; Exodus 16; 20: 8-11; 31: 12-17; Mark 2: 27-28; Luke 4:16