

# The Sabbath Day

The Sabbath Day is so important for humankind to observe that not even the newly entombed body of Jesus Christ (God Himself) was to be anointed until after it had passed!

**Mark 15: 46-47.** and **16: 1.** `And he bought fine linen and took Jesus` body down and wrapped Him in the linen, and laid Him in a sepulchre which was hewn out of the rock, and rolled a stone against the entrance to the sepulchre. And Mary Magdelene and Mary the mother of Joses saw where He was laid. And when the Sabbath was passed, Mary Magdelene and Mary the mother of James, and Salome, had bought sweet spices with which to anoint His body`. And **Luke 23: 56.** `And they returned, and prepared spices and ointments; and they rested on the Sabbath day, in accordance with the commandment`.

Until quite recently the seventh day, or ***last day*** of the week, shown and printed on our calendars or in our diaries, was correctly depicted as being the Sabbath day, more commonly and erroneously known to the world as `saturday`. The so-called `sunday` was correctly shown to be the ***first*** day of the week. But, since Britain`s entry and subsequent deeper and deeper entrenchment into what was initially known as the `Common Market` or the `European Economic Community`, the calendar has been changed, almost unnoticed. Now we can see that `sunday` has ***officially*** become the last day of the week, usurping the Lord God`s ordained Sabbath day, and ***seemingly*** nobody in authority, church, government or otherwise, even raised an objection or gave a damn!

How convenient, make `monday` the first day of the week, after all it`s `officially` recognized world-wide as the beginning of the working week, and what could be more natural than to have it begin after the `official rest day` of `sunday`? By changing the calendar, yet one more deliberate obscuring of the truth by the Satanic powers that at present rule this earth, has taken place!

The Lord God is the One who established the days and the times to be observed by humankind, ***anybody***, governments or otherwise who dares to alter or interfere with such things or endorse them, acting as agents of Satan, and ***will*** have to answer for their actions! Let`s read an account from the very beginning of creation as we know it, **Genesis 1: 14.** `And God said, **Let there be lights in the expanse of the heaven to divide the day from the night; and let them also be for signs (indicators) for the seasons, and for days and for years`.** It can`t be any clearer, the Lord God has established His calendar for us

keep and observe. The Lord is not `shortsighted`, He full-well knows what is happening now because I predicted that it would occur thousands of years ago as we can read of in **Daniel 7: 25**. `And he shall speak high-blown words against the Most High, and shall oppress the saints of the Most High, and their to change times and laws: and they shall be given into his hand until a time and times and the dividing time`.

The time is not far off now for all Europeans when those in charge of the up-and-coming `beast power` mentioned in the book of Revelation, will make an unholy alliance with the leader (the `false prophet`) of their (already *officially* recognized) religion and declare him as being such. Worship of the beast himself will become mandatory as will be the official weekly `holy day` of Sunday. **All** other religions and holy day worship will be outlawed and the keeping and the celebrating of them punishable by death! True, Sabbath-day-keeping Christians will be hunted down and murdered for not recognizing the Satanically inspired `Sunday` as a day for them to worship.

The Sabbath day, instigated by the Almighty God even before He created man and placed him upon this earth, (and, of their own free will, already rejected by the majority of so-called `Christians`) will `officially` cease to exist! And if the Lord were to allow this state of Satanic supremacy to continue, no doubt even the memory of the Sabbath day would disappear, but as we true Christians know, the beast power will not reign for long before it and *all* of its `perpetrators are destroyed, forever!

Let`s now go back to the very beginning of the creation of the Sabbath day, we`ll read from **Genesis 2: 1-3**. `Thus the heavens and the earth were finished, and all the host of them. And on the seventh day, God ended His work which He had made, and He rested on the seventh day from all of His work which He had made. And God blessed the seventh day, and set it apart, because that in it He had rested from all of His work which God had created and made`. And so the very first Sabbath, or day of rest, was created. But at this moment in time the Lord had created and used it for Himself, He was the very first one to acknowledge it and `keep` it and He was glad to do so, because it was a rest from the enormous work of His creation. It is not until mankind had been on the earth for a considerable while that the Lord deemed it time to allow them to enter into His day of rest, the very first mention of the `Sabbath` day being called as such occurs in the Old Testament scriptures as late as Exodus 16: 23.

Now although the knowledge of and the keeping of the Sabbath day was brought through the ages because of the Jewish people`s loyalty towards the keeping of that day, *it is **not a day of rest purely and solely for the Jews, nor has it ever been!*** The Lord God created the Sabbath day for **all** of the twelve tribes that make up the nation of Israel to keep and observe. The tribe of Judah (the Jews) *is just one* of those twelve tribes, the rest are not `lost`, they consist of the great majority of the `white` nation of this earth, ie., Britain, Australia, Canada, New Zealand, U.S.A. and most of Europe. Yes, the nation of Israel is **not** just the country which goes by that name! That country should rightly be known as Judah. All Israel should be keeping the Sabbath day, because it was given **to us** by Almighty God as the day when we should put aside all worldly `things` and take a rest from them. Let`s read what the Lord said to Moses concerning the Sabbath day(s), **Exodus 31: 13**. `Speak you also this to the children of Israel, saying, Truly, My Sabbaths you shall keep: because it is a sign between Me and you throughout your generations, so that you may know that I am the Lord which sanctifies you`. How seriously does the Lord God regard the keeping of the Sabbath by His nation of Israel? well let`s read the next verse of Exodus 31 to find out. **Exodus 31: 14**. `Therefore you shall keep the Sabbath, because it is holy to you, everyone that defiles it shall surely be put to death, for whosoever does any work therein, that person shall be cut off (killed) from among his people`.

Some people like to indulge in a hobby or in a sport of one kind or another on their days off from work, whilst others may make preparations for a party or for a visit to a theatre or the beach or to a theme park. The big question is, which one of these or any other of a multitude of `distractions` and entertainments should be totally forsaken on the Sabbath day? Well let`s begin by reading what the

Lord has to say about the keeping of the Sabbath day. **Isaiah 58: 13-14.** `If you turn away your foot from the Sabbath, from not doing your pleasure on My holy day, and call the Sabbath a delight, the holy of the Lord, honourable, and shall honour Him, not doing your own ways, nor finding your own pleasure, nor speaking your own words, then you shall delight yourself in the Lord, and I will cause you to ride upon the high places of the earth, and feed you with the heritage of Jacob, your father, for the mouth of the Lord has spoken it`. Let`s try and put that scripture into some sort of perspective. Obviously it would not be acceptable to go out and play something like a hotly contested game of rugby or any other strenuous game or activity on the Sabbath day, but what about a gentle game of bowls? Well let`s break it down, for a person where a professional bowls player then obviously it would not be something that he should be playing on the Sabbath whether he got paid for doing it or not. Part of the *intention* of the Sabbath day is to abstain from your normal work. If, (and it`s a very BIG `if`), a game of bowls where to be played it should have been an impromptu decision to play it and not an event that occurred regularly on every Sabbath (or even again!) because if that were to be the case then it is only human nature for the Sabbath to eventually become known to some as `bowls day`! Most of us probably find it difficult to keep focus on the Lord or the scriptures for every minute of the Sabbath day as it is, so we should not *deliberately* seek to construct any device, be it a game or otherwise, that would distract us from it any more than that which is normal for us. Think about this, it may be ok if you or I decided to help out with serving pre-prepared food and refreshment for other brethren on the Sabbath, but would it be alright for somebody who`s everyday work was as a waiter or a waitress? Can we see that for that particular person doing something on the Sabbath day which was their normal daily occupation would be to break the *intent* of the Sabbath.

If we watch TV on the Sabbath, we should avoid all of those `near the knuckle` programmes that we might just allow ourselves to view during the week. If we regularly take long walks every day, then on the Sabbath we should just take a leisurely, short stroll. If we do these things, deliberately `reining ourselves in` on the Sabbath, then we should be constantly making ourselves aware that it is the Sabbath day, and that we have not forgotten that fact, and that by our self-control we are honouring the *intent* of the Sabbath. By constantly exercising self-control on the Sabbath day over our natural desire to do all that *we* want to do during our leisure time, we automatically communicate our intent to the Lord that we recognize His desire for our compliance in relation to His *and our*, special day.

Is there any point, other than resting, in our observing of the Sabbath day? Well, the Lord informs us that there is, we`ll read what the Lord said to Moses as regards the Sabbath, **Exodus 31: 13.** `Tell this also to the children of Israel, saying, Truly My Sabbaths you shall observe: **for it is a sign between Me and you throughout your generations;** so that you may understand that I am the Lord that does sanctify you`. and in **verse 17:** `**It is a sign between Me and the children of Israel for ever . . .**`. Note particularly the references to `the children of Israel`, not just the one tribe of Judah, the Jews, but all of the twelve tribes of Israel, which means you and me! And also notice, `throughout your generations`, `for ever`, this means not just when the fancy takes a person, not just when danger threatens, and certainly not just for those `children of Israel` who were alive and with Moses thousands of years ago.

Mostly all `christian` people try to worm their way out of their obligations towards the keeping of the ten commandments and in particular the Lord`s designated day of worship, the Sabbath, by claiming that `it`s all Jewish old testament`, the implication being that the new testament has done away completely with the old. Is this really the case? Well, I will let the words of Jesus Christ settle that question, **Matthew 5: 17-18.** `Do not imagine that I have come to abolish the law, or the (teaching of the) prophets. I have not come to destroy, but to fulfil. (make complete) For truly I say to you, until heaven and earth pass, not one small letter nor one small mark, shall by no means be taken away from the law until all be fulfilled`. We must remember that the `law` which Jesus is referring to in that scripture, *is the law of the old testament*, the new testament had not even been written at that time! Th

law of the old testament, as demonstrated by Jesus Christ, is also the law of the new testament. Remember, the Lord God does not, *will not*, alter His ways or His laws to comply with the desires of humankind. There is a scripture that tells us of that fact, **Malachi 3: 6.** *For I am the Lord, I do not change. . .*

The Lord is not mean, nor is He selfish, He does all things for us which in the long term are for our betterment. He did not create the Sabbath day *solely* for Himself, He also created it *for us*, as a day of rest, a day of `refreshing`, of `recharging the batteries` of getting away from this Satanically run world in which we have to do our (mostly) Satanically overseen work. It is a day to leave all of our cares behind, forget the world and spend the whole day in the company of the Lord. This next scripture, recording the words of Jesus Christ, the very God of the old testament and the actual Creator of all things including the Sabbath day, points to the fact that we *need* to have *and to observe* the Sabbath day, otherwise the world and all of its `Satanically driven lusts, will overtake and swamp us, and devour us completely! **Mark 27.** *And He said to them, The Sabbath was made for man, and not man for the Sabbath`.* Should we dare to suppose then, that because the Sabbath was made for man, each individual has the God-given right to approach the Sabbath day any old way that the fancy takes them? of course not! Let me give you an analogy. Let`s suppose that a vital food supplement has been developed for the treatment of rampant world-wide malnutrition. Now for everybody taking that supplement and for it to be of any good to them they have to adhere to the specific dose which has to be ingested regularly at a specific time. Fail to comply with the instructions for use, by taking none at all or too little, and the non-appropriate user will eventually starve to death. It`s the same with the Sabbath day, the Lord has provided it for humankind to take regularly at the appointed times, it feeds the spirit with the correct type of nutrition, abuse it by ignoring it and a person will eventually suffer the consequences. They will not only die spiritually in this present lifetime but there is a very real chance that their spiritual starvation may not be reversible when *it is carried over into the next life!*

If anybody had the right to please Themselves as to how and when, or even if, the Sabbath day should be observed, it would naturally be the Creator of it. Jesus Christ, or rather the God of the old testament Who later became Jesus Christ, created and instigated the Sabbath day. Did Jesus therefore please Himself and at any time flaunt or disregard the Sabbath day? He certainly had the authority to do so as He tells us in **Matthew 12: 8.** *For the Son of man is Lord, even of the Sabbath day`.* Jesus kept the Sabbath day, He even taught in the synagogues on that day as we can read of in **Luke 4: 15-16.** *And He taught in their synagogues, being glorified by all. And He came to Nazareth, where He had been brought up, and was as His custom, He went into the synagogue on the Sabbath day, and stood up to read`.*

The Fourth Commandment, let`s remind ourselves of it in the book of **Exodus 20: 10.** *But the seventh day is the Sabbath of the Lord your God; in it you shall do no work, not you, nor your son, nor your daughter, nor your manservant, nor your maidservant, nor your cattle, nor the stranger that is within your gates`.* Remember what Jesus said in **Mark 22: 27.** *The Sabbath was made for man, and not man for the Sabbath`.* It would appear then that the Sabbath day is not *solely* for the Lord God`s benefit, He has also *commanded us all* to keep and experience it *with Him!* It is a day for humankind to `walk with the Lord`, and if we are walking with someone, we do not ignore them, rather, by our very act, we acknowledge their presence, also, when walking with somebody, we find it easier to talk intimately with them. The Sabbath day is an occasion when we can deliberately set out to make more room for the Lord within our `bodily temple`, the meaning of which we can find in the book of **1 Corinthians 3: 16-17.** *Don`t you understand that you are the temple of God, and that the spirit of God dwells within you? If any man destroys the temple of God, then God shall destroy him, because the temple of God is holy, and you are the (a) temple`.* Our bodily temple becomes cluttered with the cares and the `pleasurable` sins of the world during the week, it should come as no surprise then that the Lord has provided us with one day a week, the Sabbath, on which we can give it a much needed, spiritual

`clean out`, a physical analogy of which we can find Jesus Christ performing in **Matthew 21: 12-13**. `And Jesus went into the temple of God, and cast all those who sold and bought in the temple, and overthrew the tables of the money-changers, and the seats of them that sold doves. And He said to them, It is written, My house shall be called the house of prayer; but you have made it a den of thieves`. Yes, the Sabbath day requires conscious effort for those of us who keep it, to keep it, but we find that in time it becomes less of an `effort` and more of a welcome `release`.

There is a portion of scripture that adds another element of the Sabbath day for us to consider, we read of it in **Deuteronomy 5: 15**. `And remember that you (yes, that means us, modern day Israel) were a servant (slave) in the land of Egypt, and that the Lord your God brought you out from there by way of His powerful hand and by a stretched out arm: therefore the Lord your God commanded you to keep the Sabbath day`. We, Israel, were once a people in slavery who had children born into slavery, and this situation lasted for hundreds of years, and Israel eventually began to suffer badly under the harsh cruelty of the Egyptians. Our ancestors were bullied, beaten and worked to, and oftentimes beyond, the extreme of their physical capabilities probably for seven days of every week. So, when Moses had led them out from the slavery of Egypt and given them the ten commandments, it must have been a `Godsend` for them to realize that there was at least one day a week on which they could now, `officially` take a welcome rest. But even so, not working is only the start of observing the *intent* of the Sabbath day. So will an individual be punished for not keeping the Sabbath day honourably and in the totality of its `intent` because, although they may try, they really don`t know how to?

Let`s once again look to the scriptures for the answer, firstly **Numbers 15: 28-29**. `And the priest shall make an atonement for the person that sins ignorantly, when he sins because of ignorance before the Lord, to make an atonement for him, and it shall be forgiven him. You shall have one law for him that sins because of ignorance, and this includes him that is born amongst the children of Israel, and for the stranger that lives in their midst`. We can understand from that last scripture that the Lord is merciful towards our failings due to any ignorance on our behalf of the things that we should be doing to please Him, and I would suppose that this must include our getting parts of keeping the Sabbath day wrong. But what about the person who, knowing about the Sabbath day and what it truly is, deliberately rejects and ignores it? Well, let`s read the next two verses of that last scripture,

**Numbers 15: 30-31**. `But the person who does anything presumptuously (self importantly, knowingly and with a high hand), whether he be born in the land or a stranger, the same (by their actions) reproaches the Lord, and that person shall be destroyed from amongst their people, because they have despised the word of the Lord, and have broken His commandment. That person shall be utterly destroyed, and his sin shall remain upon him`. Well, I know that people are not sentenced to death today for not observing the Sabbath, but we can see from that last piece of scripture just how important in the eyes of the Lord God, the keeping of each and every commandment is, because it is the commandments, or the breaking of any one of them, that actually defines what sin is, for us.

There are some who will argue that the Lord`s commandments are being broken by each and every one of us in one form or another every single day, so to **not** observe the Sabbath is really not much of an issue because as the scripture states in **James 2: 10**. `For whosoever shall keep the whole law (the ten commandments) and yet offend in one point (just break one of them) then he is guilty of all`. (as if he had broken them all) Well, I can only refer those who argue this fact back to Numbers 15: 30. which states, as we have not long ago just read, that to do anything with a `high hand` against the Lord, will not be tolerated by Him. Anyway, (notwithstanding the fact that we are all sinners and that we probably do therefore break every commandment every day by just breaking one of them) the Lord God in His graciousness and in His love for us has provided a way out for us who believe in Him and who really want to get things done right in His sight, so that we can rid ourselves of our sins, through prayer, on a daily basis. Let`s read from **1 John 1: 8-10**. `If we say that we have not sinned, then we deceive ourselves, and

the truth is not in us. If we confess our sins, (to Him not to a priest!) He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. If we say that we have not committed sin, then we make Him out to be a liar, and His word is not in us`. A word of caution, being able to cleanse oneself of sin through prayer should not be treated as a `carte blanche` for sin to be freely committed by anybody, and everybody anytime that the fancy takes them, and this applies particularly to any professing `christian` or Christian. Because if they are seen to continue to sin openly and wilfully, then they make mockery of our Saviour`s sacrifice and death upon the torture stake, and such a thing as that will not go unpunished. The Lord God is no fool, He cannot be tricked, He knows exactly what the *intent* of each and every person`s heart and mind is, as this next scripture informs us, **Galations 6: 7.** `Do not be deceived, God is not to be fooled, for whatsoever a man sows, that also shall he reap`.

A fundamental procedure in readiness for the Sabbath day happens on the day that precedes it, otherwise known as the `preparation day`. For the weekly Sabbath this will of course be the day known to most of us as `friday`, but all appointed holy-day Sabbaths must be prepared for. For instance, all shopping for food items and buying of motor fuel should be done before the Sabbath begins, all log baskets etc. should be fully filled, after all, the Sabbath day doesn`t just suddenly appear and take everybody by surprise. The Lord instructed Moses in the wilderness to tell the people of Israel to prepare for the Sabbath day by collecting *twice* as much `manna` as they usually would, on the day before. Now this may not on the surface appear to be anything particularly out of the ordinary until we realise that under normal circumstances the `manna` began to rot and stink after twenty four hours, but the `manna` collected on the `preparation` day, to be eaten on the Sabbath, did not! We shall read some of the account in the book of **Exodus 16: 4-5.** `Then the Lord said to Moses, Behold, I will rain bread from heaven (the `manna`) for you, and the people shall go forth and collect a certain amount every day, in this way I will test them to see whether they will walk in My law or not. It shall come to pass that on the sixth day, (of the week) they shall prepare that which they bring in, and it shall be twice as much as the (normally) gather daily`. This is such a simple thing to be asked to do, and it leaves the Sabbath day free of having to go out and gather your daily food, but there will always be some who will not listen! **Exodus 16: 27-30.** `And it came to pass that there went out some of the people on the seventh (Sabbath) day to gather, but they did not find any `manna`. And the Lord said to Moses, How long refuse you to keep My commandments and My laws? See, for that the Lord has given you the Sabbath, therefore He gives to you on the sixth day enough bread (`manna`) for two days; abide you therefore every man in his place, let no man go out of his place on the seventh day`. Every true Christian should prepare for and treat the Sabbath day with the respect that the Lord demands that it should receive, (even in His `absence` as it were) after all, when Jesus Christ returns to rule upon this earth, you can `bet your bottom dollar` that there won`t be anybody who would even dare to be found doing their normal, daily work on the Sabbath day!

Breaking any of the commandments of the Lord should be something that a person strives not to do, but especially breaking any of them with a `I know better, but I couldn`t care less` attitude, because as we have previously read of in Numbers 15: 30-31, that sort of mindset in a person is one that the Lord really detests as further demonstrated in **Numbers 15: 32 and 35.** `And while the children of Israel were in the wilderness, they found a man that gathered sticks on the Sabbath day. And the Lord said to Moses, The man shall surely be put to death, : all of the congregation shall stone him with stones outside the camp`. The Lord`s judgment on that particular man was for him to be put to death, because he had been dismissive of the Lord God`s law, he had acted presumptuously by doing a job of work on the Sabbath day, work that could easily have been done on the day before, the preparation day. But there have been exemptions for certain kinds of work, or rather certain `acts`, that were performed on the Sabbath day, as we can read of in **Matthew 12: 9-13.** `And when He (Jesus) was departed from there, he went into their synagogue. And behold, there was a man with a withered hand, and they asked Him,

saying, Is it lawful to heal on the Sabbath days? so that they might accuse Him. And Jesus said to them, What man is there amongst you, that shall have one sheep, and if it falls into a pit on the Sabbath day, will he not take hold of it and pull it out? How much then is a man of more value than a sheep? Wherefore it is lawful to do good on the Sabbath days. Then Jesus said to the man, Stretch forth your hand, and he stretched it forth, and it was restored whole, like as the other`. There is another account of Jesus healing a sick person on the Sabbath day, it's in **John 5: 8-11**. `Jesus said to him, Rise, take up your bed and walk. And immediately the man was made well, and he took up his bed and walked: and it was the Sabbath day. The Jews therefore said to him that was healed, It is the Sabbath day, it is not lawful for you to be carrying your bed. He answered them, He that made me well, the same said to me, Take up your bed and walk`. We can realise from the reading of those two scriptures that there was no time to prepare or plan for the events that happened. Jesus did not operate His ministry or His healing like a doctor`s surgery whereby people had to make an appointment to see Him. We should therefore follow His example, we do not plan to have to come to the aid of anybody on the Sabbath day, but if the need arises then we should not hesitate to do so! Once again, it is all a matter of **intent**.

The proper observance of the (a) Sabbath day requires forethought and possibly a little sacrifice (literally!). This `sacrifice` usually comes in the form of our having to set aside some of our daily `comforts` or recognized `bad` habits that we normally allow ourselves to indulge in. I can`t tell you what yours are, over time you *will* come to know. The commandment to keep the Sabbath day is what is known as a `test` commandment. We know this partly because of what this next scripture tells us, **Exodus 16: 4**. `Then said the Lord to Moses, Behold, I will rain bread from heaven for you,; and the people shall go out and gather a certain amount every day, (except for the Sabbath when it comes) so that I may test them, to see whether they will obey My laws or not`. By a person always observing and keeping the Sabbath day, the Lord knows that that person is truly one of His children. But that doesn`t mean that the person who keeps the Sabbath day is automatically a `saint`, all children need correction it`s just that a Sabbath day keeper is more likely to `take on board` correction from the Lord, benefitting and learning from it instead of rebelling against it.

The very act of keeping the Sabbath day by a person is an acknowledgement by that person that they recognize and honour the Sabbath day as a sign, an indication of presence, given by the Lord God to humankind way back in Israel`s early history, as we can read of in **Exodus 31: 12-13**. `And the Lord spoke to Moses saying, Speak you also this to the children of Israel, Truly, My Sabbaths you shall keep, for the Sabbath is a sign between Me and you throughout your generations, so that you may know (bring to remembrance) that I am the Lord who sanctifies you`.

Some people will insist on arguing that the fourth commandment only forbids God`s people to work on the Sabbath day, therefore it is perfectly alright to buy from shopkeepers who are muslims or who are of some other such persuasion, but is this really the case? Let`s remind ourselves of what a section of the fourth commandment instructs us to obey as regards those who also should not be working on the Sabbath day, **Exodus 20: 10**. `... nor the stranger that is within your gates`. The word `gates` as mentioned in that last portion of scripture can, according to Strong`s concordance, mean a port or a city and a `stranger` (or alien), is somebody who is not of the children of Israel. So, if everybody (especially the Children of Israel!) obeyed the God-given law in the land(s) which the children of Israel inhabit as their own, there would not *be* any shops open from which to buy, and the question as to whether it is alright to have dealings with those who break the Sabbath day by working on it would not arise. The Lord knows when and if each and every one of His Children break the intent of the Sabbath day, even if they try and convince themselves that they have not.

I will not go into any long debate about hospitals and emergency services operating on the Sabbath day, suffice it enough for me to say that if any true Christian required emergency assistance on the Sabbath day then it would be alright for them to receive it but, and this is a big **BUT**, I would not expect

any true, Sabbath keeping Christian to allow themselves to be employed in an organization that *insists* that their employees be available for work on every day of the week, *especially* the Sabbath day! Third on this, *if* we all adhered to and obeyed the Lord`s commandments then there would not be any need for *any* of the emergency services because we would all be so blessed with perfect health, and crime and warfare would not exist. Having said that, I know that we live in a far from perfect world, a world that is dominated by Satanic influence and rule, and it is under these circumstances that the *very small* number of the Lord`s true, Christians struggle to keep all of His commandments, *especially* the keeping of the Sabbath day.

On occasion a simple human necessity, such as hunger, can take precedence over the law concerning the Sabbath, as we can read of in **Matthew 12: 1-4**. `At that time, Jesus walked through the corn on the Sabbath day, and His disciples were hungry, and they began to pluck the ears of corn and to eat them. But when the Pharisees saw it they said to Jesus, Behold, Your disciples are doing that which it is not lawful to do on the Sabbath day. But He answered them, Have you not read what David did when he was hungry, and also they that were with him. How he entered into the house of God, and did eat the consecrated bread, which was not lawful for him to eat, neither for them that were with him, but only lawful for the priests to eat?`. Jesus was constantly trying to instruct the Jews that the Sabbath was made for man, and not man made for the Sabbath. He tried to get it into their stubborn heads that the *Sabbath day itself* was *not* to be worshipped, but rather that the Sabbath day was a time to reflect on and to communicate with and to appreciate the Lord God and all of His wonderful works. During His ministry upon this earth Jesus did many things contrary to the numerous rigid Jewish traditions which had (and still have) no place with the teachings of God, and so many of which unnecessarily complicated and trivialize the intent of the keeping of the Sabbath day.

It is perhaps understandable why the Jews *became* over zealous about the keeping of the Sabbath. They knew in times past that it was their carelessness about the observance of the Sabbath day that eventually led to their being taken captive to Babylon. An account of this carelessness and the subsequent punishment can be found in the book of **Jeremiah 17: 15**. and **21-23**. `Behold, they say to me, Where is the word of the Lord? let it come now. (if it exists!) Thus says the Lord, take heed to yourselves, and bear no burden on the Sabbath day, nor bring it in by the gates of Jerusalem. Neither carry forth a burden out of your houses on the Sabbath day, neither do you any work, but hallow you the Sabbath day, as I commanded your fathers. *But they obeyed not*, and neither did they take any notice, but were instead rebellious so that they would not hear nor receive instruction. There then follows a list of blessings if they repented of their ways and kept the Sabbath day with due respect, and verse 27 tells us what the Lord told them would happen to them if they carried on ignoring the word of the Lord. **Verse 27**: `But you will not listen to Me, to hallow the Sabbath day, and not to bear a burden, even entering into the gates of Jerusalem with it on the Sabbath day; then I will kindle a fire within the gates thereof, and it shall devour the palaces of Jerusalem, and it shall not be quenched. And as the scripture goes on to tell us, they took no notice of the words of the Lord which the prophet Jeremiah had told them, and so they suffered the consequences of their actions. **Jeremiah 25: 7-9**. and **11**. `Still you have not listened to Me, says the Lord, so that you might provoke Me to anger with the works of your hands to your own hurt. Therefore thus says the Lord of hosts, Because you have disregarded My words, Behold, I will send and take all the families of the north, says the Lord, and Nebuchadnezzar, the king of Babylon, My servant, and will bring them against this land, and against the inhabitants thereof, and against all of these nations round about, and will utterly destroy them, and make them an astonishment, and an object of scorn, and a perpetual desolation. And this whole land shall be a desolation and a horror; and these nations shall serve the king of Babylon seventy years`.

The Jews must also have taken to heart this memory of what their forefathers had done on the Sabbath day and then what happened to them because of it, as recounted in this next scripture of **Nehemiah 13**

15-18. `In those days I saw in Judah, some treading in the winepresses on the Sabbath day, and bringing in sheaves, and loading goods onto asses; as also wine, grapes, and figs, and all manner of burdens which they brought into Jerusalem on the Sabbath day; and I testified against them in the day that they sold their goods. There also dwelled in Jerusalem, men of Tyre, who brought fish, and all manner of merchandise, and sold them on the Sabbath day to the children of Judah, and in Jerusalem. Then I rebuked the nobles of Judah, and said to them, What evil thing is this that you do to profane the Sabbath day? Did not your fathers do likewise? and because of that did not our God bring evil upon us, and upon this city? yet (once again) you bring more wrath upon Israel by profaning the Sabbath.

Unfortunately, to this day, what the Jewish zealots fail to appreciate is the difference between carrying a `bed` (a rolled up blanket) under the arm on the Sabbath day, as opposed to carrying something awkward and heavy such as a large bundle of firewood. Once again, *it`s a matter of intent!* is not the Lord God`s intention to prevent anybody from doing something like carrying a blanket on the Sabbath day, unless of course it was being *intentionally* and unnecessarily carried so as to challenge the Lord God`s authority. This is what is meant by a person`s *intent*.

It is the Lord`s desire that *all* people in *all* occupations should abstain from any kind of burdensome work on the Sabbath day. Unfortunately, as things stand in this Satanically, money-driven world in which for the present we have to live, this is not possible, and because of this the Lord has made allowances, and at the moment He is only calling a few people to be *true* Christians in His *true* church. If this were not the case then billions of people would have to suffer the consequences of *knowingly* and *deliberately* ignoring and breaking the Sabbath day. The Lord calls those of us who He knows are *capable* of obeying His will, and who *hopefully* will remain *loyal to, and act upon,* their calling. These very select group of true Christians are then perceived by God as not only having been called but also of having been chosen. We should all understand that being called is one thing, but it becomes meaningless if it is not acted upon, and if a mature person (as opposed to a child, or a `babe in Christ`) is a faithful Sabbath day keeper, then that person *has acted* upon their calling. The words of Jesus Christ as recorded in the book of Matthew tell us, **Matthew 20: 16.** `... for many be called, but few be chosen`. The Lord`s chosen elite are also mentioned in an event that has yet to happen, it`s in the book of **Revelation 17: 14.** `... and they that are with Him are called, and chosen, and faithful`.

Going right back to the opening paragraph of this article, there are, as I think that you may have noticed, two words that I`ve typed in grey and bracketed in reference to the newly entombed body of Jesus Christ as belonging to, or more accurately as being of, God Himself. There is a scripture that testifies to the fact that Jesus Christ truly is *the* Lord God Creator, the Creator of all things *including the Sabbath day*. Let`s now read these words of Jesus as He speaks of Himself in relation to the Sabbath day. **Matthew 12: 8.** `For the Son of man is Lord, even of the Sabbath`. Now, this being the case, Jesus Christ will be the final judge of a person`s conduct (in this lifetime) on the Sabbath day. Let us thank God therefore that we have such a one as Jesus, who, having suffered in the fleshly form of a human being as ourselves, is now perfectly qualified to judge each and every one of us. Jesus Christ has experienced life as we have, only more so, because although tempted many times by the arch demon Satan to commit sins He *never* did! The following scripture says it all, **Hebrews 2: 14-18.** `Forasmuch then, as the children (us) are partakers of flesh and blood, He (God, Jesus) also, likewise, took part of the same, so that through His death, He might destroy him that had the power of death, that is, the devil (Satan), and so deliver them who through fear of death were all their lifetime subject to bondage. For truly, He did not take on the attributes of the angels, but instead He took on Himself the seed of Abraham. Wherefore in all things it was best for Him to be created like His bretheren, so that He might become a merciful and faithful high priest in the things pertaining to God, to make reconciliation for the sins of the people. For in that He Himself has suffered the temptation to sin, He is able to help those who are likewise tempted`.

And so finally, we should all be asking this question of ourselves: `What am I going to do or *not do*`.

each and every Sabbath day that will truly set the Sabbath day apart (sanctify it) from every other day of the week, so that I comply with the Lord`s commandment?` A person must do that which they know to be right in the eyes of the Lord, because if they don`t. . . well I`ll let this last scripture tell you, **James 17.** `Therefore to him that knows to do good, but does not do it, to him it is sin`.

## *Of Further Interest for you . . .*

The fourth commandment: **Exodus 20: 8.** `Remember the Sabbath day, to keep it holy`. **Nowhere** in **any** of the holy biblical scriptures contained within the pages of the bible will you find `remember `sunday`, to keep it holy. In fact, you will not even find so-called `sunday` **mentioned** within the bible!

The Sabbath day is the **only** day (out of the regular periods of time that we know of as `days of the week`), that has been given an actual name by the Lord God. The rest of the days of the week are given numbers, 1,2,3, etc. The names that have been given to the days of the week as we know them, are in fact, all Satanic in origin, and are derived from the names of pagan deities! So let`s go through them, for the moment leaving out the so-called `sunday`.

**Monday** A corruption of `moonday` it is a day dedicated by the pagan Greeks to the moon, or rather their pagan `goddess of the night`, `Hemera`, aka `Hemera Selenes`. The Lord God`s identification for this day: **Day 2.**

**Tuesday** Origin, `tiwesdag`, the day of the pagan, Roman god `mars`. The Lord God`s identification for this day: **Day 3.**

**Wednesday** Origin, `wodnesdag`, or day of the pagan god `odin`. The Lord God`s identification for this day: **Day 4.**

**Thursday** Origin, `thorsdag`, or day of `thor`, a pagan god of thunder. The Lord God`s identification for this day: **Day 5.**

**Friday** Origin, `friggdag` or day of `frigg`, wife of the pagan god `odin`. The Lord God`s identification for this day: **Day 6.**

And now of course, comes the true, last day of the week, the seventh day, the **Sabbath** day, the **only** day deemed worthy to be sanctified and given a name by the Lord God.

Now, if the Sabbath day **is** the seventh and therefore the **last** day of the week, then what must surely follow it? well of course it`s, the **first** day of the week, **DAY 1**, otherwise and erroneously known as `sunday`, the pagan originated name of which is `sunnandag`, or `dies solis`, the `day of the sun`. The so-called `sunday` is a day which millions of deceived `christians` have observed as their holy day for hundreds of years. What do you think? does `sunday` have a nice, Christian `ring` to it? Does it sound even remotely Christian based, this `day of the sun`, this day of sun worship? **Day 1** (`sunday` is the **beginning** of the working week, not the end of it, in fact it`s an exact opposite, like black and white, love and hate, right and wrong, Jesus and Satan.

With a bit of thought and history we can begin to see how the `long weekend` originated. Imagine a country where the Lord`s appointed Sabbath day is observed by all who believe in and worship **Him**. Then along comes a conquering and invading army bringing with it all of the baggage of their pagan deities and gods. The overseers of this army find it easier to allow the indigenous Christians to continue

to observe their Sabbath day rather than create more hostility between themselves than already existed by forcing their pagan religious days and festivals upon them. Eventually, over the years, this invading army comes under the control of an emperor, who practices a `christian` religion which is based solely on the Nimrod-founded `mystery religion`. This new `christian` religion has it's own very specific `holy` day, it is of course `sunday`. So, being the clever person that he is, Constantine, the `christian` emperor of Rome, decides that in the long term the people of this land, which is now nearly under his control, will more readily accept the change from Sabbath day worship to `sunday` worship he allows both of these days to exist side by side each with their own significance. He knows too, that humans, being the way that they are, will find the man-made glitziness and trappings and the colourful pomp and ceremony which goes with `sunday` worship and also all of the `fun` accompanying pagan festivals such as `easter` and the saturnalia, (later to be misnamed `christmas`) etc., irresistible. And we end up with two days off a week instead of the one true Sabbath day. To this very day, false, alluring glitzy deception has `pied piped` away most of the so-called `christian` world into following a Satanically inspired and driven `mystery religion`. The people of this mystery religion's congregations may well be deceived, but those who are `running the show`, *most certainly are not!*

The Lord God *loathes* and *detests* this man-made religion along with all of its `holy` days and festivals including `sunday`. Let's read what He has to say about this in **Isaiah 1: 13-14**. `Bring Me no more worthless offerings, (your) incense is an abomination to Me, (your) new moons and rest days (sundays) and the calling of assemblies I cannot abide. Away with it, it is all evil, even the appointed meetings. Your new moons, and your appointed feasts, My soul hates them, they are a trouble to Me, I am tired of bearing them`. And as if to heap more damnation upon themselves, the `movers and shakers` of this `mystery religion`, otherwise known as the Roman catholic church, have taken the title of the Lord's Sabbath day and transferred it to the Satanically inspired `sunday`, leaving the Lord's true Sabbath with the Satanically named `saturday` or saturn's day, day of the pagan god, saturn. But of this rebellion came and still comes at a price, which even now is beginning to be payed once again, let's read from the book of **Ezekiel 20: 24-25**. `They had not executed My judgements, but had despised My statutes, (laws) and had profaned My Sabbaths, and their eyes lusted for their fathers' idols because of this I gave them over to statutes (laws) that were not good, and judgments whereby they could not (properly) Live`. Finally, let's couple that last scripture from the old testament with this scripture from the new. **Romans 1: 21-23**. and **31-32**. `Because that when they knew (of a) God, they honoured Him not as God, and neither were they thankful, but they became conceited in their imaginations, and their foolish hearts were darkened. Professing themselves to be wise, they became fools. Without understanding, covenant breakers, without natural affection, (love) implacable, unmerciful. Who, knowing the judgment of God, that they who commit such things are worthy of death, not only do the same, but take pleasure in those that commit them`.

**One last, important thing.** *The Roman Catholic Church does not consider the bible to be the overriding authority as regards the way that it conducts **any** of its `business! It has at least two other `superior authorities`, one is known to them as `the traditions of the fathers`, and the other is that fallible human being that sits on his throne in the vatican!*